



What have we been getting up to?

There has been lots of Dragons competing recently Rhys Colliar travelled to Leeds with the Scotland U25's Squad to participate in a 3v3 tournament.

Despite some tough competition the "tartan terriers" finished the tournament in 3rd place!

We were delighted to support Scottish Disability Sports Regional Sports Day! On the 11/12th August young people from across Tayside took part in many different sports including canoeing, archery and wheelchair sports. It was great to see so many young people having fun and getting active.



Rhys and his tartan terrier teammates



The Wheelchair Rugby League Players after a fun day of matches

Our WRL players were also in action with the Scotland Wheelchair Rugby League team taking on the Highlanders in a fun day of matches.



Rhys supporting one on the young participants at the SDS Summer Activity Day



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DUNDEE DRAGONS WHEELCHAIR SPORTS CLUB NEWSLETTER

Dundee Dragons
Wheelchair Sports Club

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Our Project 21 Young Influencers have also been busy! The Young Influencer Launch Day took place a few weeks ago. The event involved lots of discussions about inclusion, team building activities and wheelchair sports delivered by Jay, Murrán, Rhys and Kevin.

Thanks to Fiona and the rest of the Sported team for putting on such an excellent day of activities.



Dundee Madsons and Dundee Dragons playing Inclusive Zone Basketball together

Last weekend we joined forces with Dundee Madsons to give Inclusive Zone Basketball (IZB) a go!

IZB is a version of basketball which allows running and wheelchair basketball players to play at the same time.

The day was a huge success with the Dragons and Madsons players working together, having fun and improving their skills.

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The Project 21 Young Influencers

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School Games

Owen, Gregor and Shayne headed down to Loughborough on the 2nd September to represent their country and compete in their first ever School Games

The School Games is a multisport event for young athletes across the UK. The games are run in a similar format to the Olympic and Paralympic games which helps athletes learn exactly what it's like competing at a major competition. Many School Games Alumni have made it into the Paralympics for example wheelchair basketballer Greg Warburton and Swimmer Adam Peaty.

All 3 boys played their hearts out and have certainly done their club and country proud!



Shayne, Owen and the rest of the BasketballScotland National Academy

We spoke to Gregor and Shayne after the event to see how they found the experience. Here is what Shayne had to say;

"The School Games has given me more confidence and helped me to mature as a player.

Seeing the levels of other players has shown me where I want to be and given me another reason to drive and push myself more"



Gregor and his mixed doubles partner Ellie with their coach Kevin

Gregor explains that he has really enjoyed the School Games.

"It was great to be around so many athletes from different backgrounds.

I learnt a lot about myself at the tournament, I also had the chance to play with lots of different players which has really helped me to improve.

One of my key highlights has to be when one of my matches went to a tie break and everyone was watching either in the tennis centre or on screen!"

We couldn't be prouder of Shayne, Owen and Gregor and can't wait to watch their progress over the next few years.

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What's coming up?

As always there is lots going on at the Dragons. Here's just a few of the things that are coming up over the next few weeks.

19th September - Sports Day and BBQ in partnership with Spinal Injuries Scotland.

A full day of sporting activities from wheelchair basketball to archery and of course a delicious BBQ

25th September - Surfing at Hopeman Beach

We enjoyed surfing with SurfAble Scotland so much that we are going back for more....Get Ready For Round 2!!

3rd October - GBWR Junior Tournament

Our juniors are heading to Stoke Mandeville Stadium to compete in their first ever wheelchair rugby tournament

Make sure to follow our social media channels to keep upto date with all the action!

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As always thanks to our partner groups for their continued support!

